

This set of instructions was created by artists Boni Cairncross and Louise Curham to encourage visitors to experience some of the incidental, accidental, or “extra-visual” phenomena within the exhibition. The map was drawn by Micke Lindebergh.

1. As you walk through the exhibition, pay attention to the roughened surface of the stickers on the floor compared with the smooth stone or wood underneath them.
2. **Box 24** (Michael Landy): See if you can find any unkind notes on the wall. (Boni imagines you scrunching them tightly in your hand).
3. **Box 23** (John Baldessari): Imagine running a clean finger along the wall feeling for the join in the vinyl... feeling for the bump... using your finger to trace family groups within the names. Spend a few moments considering the difference between a name in lights for 15 seconds and a name in printed text for the duration of an exhibition.
4. **Box 29** (Tino Sehgal): Try respecting the outlines of the room. For us this deepened the experience. (Remember: sometimes this is an absent box, and sometimes it's activated by performative interpreters).
5. Stand between **Box 32** (Jonathan Jones) and **Box 33** (Anri Sala). Listen. We found the fluctuations in the audio filled each other in ways that made us think about the issues in both works.
6. **Box 30** (Marina Abramovic): Sit on one of the chairs and stare at the coloured paper for as long as possible.
7. **Box 13** (Ugo Rondinone): Lay down on the floor near the sculpture (you are asked not to touch it).
8. In the stairwell behind the miniature **Box 20** (Stephen Vitiello), you will find Ian Milliss' *Natural Parallels 2* (2019). Imagine holding the ropes in your hands and leaning your head into the space to look up. Dream about how the ropes would move along their whole length.
9. **Box 6** (Sol LeWitt) and **11** (Sol LeWitt): Stand between boxes 6 and 11 with your back against the outside wall. Notice the narrow alley these boxes make. Louise saw some people having fun taking photos of each other lying on the floor beneath the picture of the three men on each other's shoulders.
10. **Box 10** (Jeff Koons): Squat on the floor, or get as low as you can, and imagine running your hands across the top of the flowers. Notice how some are plastic and some are dried – imagine the difference in textures.
11. **Box 4** (Miralda): Stand in the centre of this box and squint your eyes so they are only just open. Notice how the colours and patterns blur.
12. **Box 34** (Asad Raza): Have fun finding the door by doing three laps around the outside of the box before entering the space.
13. **Box 20** (Stephen Vitiello): Find the wall behind box 20. Walk between the box and the wall. Look just above eye height for the trace. Add your own – it doesn't have to be visible.
14. **Box 19** (Tatzu Nishi): When you leave the gallery later on, cross the pedestrian crossing and look back at the horse sculptures so you get a better idea of what Tatzu Nishi did with them.

EXTRA VISUAL – INSTRUCTIONS FOR A SENSE- FOCUSED EXPERIENCE OF MAKING ART PUBLIC

